

Youth Pastor James' Birds and Bees Talk Suggested Outline

from MountainWings issue [9173, The Birds and the Bees](#)

- #1: Let them watch the 17 minute *The Birds, The Bees, And Me* video. It will start you off and explain the most uncomfortable details in a way they can understand. The video is \$1.99 to rent and watch for 7 days. [CLICK HERE for the Boys version](#) and [CLICK HERE for the Girls version](#) or go to amazon.com and search on "NTOCCP rental". It will list a girl and boy version. It's \$1.99 for 7 days access.
- #2: After the video, tell them not to talk with their brothers or sisters about this topic. If their siblings ask them questions have them ask mom or dad. The same goes with friends, this is a topic their parents should talk with them on.
- #3: To get an idea of their exposure level, you can ask them how much of the information on the DVD they already knew. (A little bit of it, about half of it, most of it or all of it)
- #4: Answer whatever questions they may have no matter how silly or embarrassing it may seem. Tell them they can always talk with you about sex both now and anytime in the future.
- #5: Share the truth of God's Word with them concerning sex. Explain that God created sex for pleasure within marriage and for parents to have babies forming families all over the earth. This is the way He setup for babies to come into the world and keep the human race going. Below are some scriptures you can use, feel free to use any others you see fit to use.

Proverbs 5:17-18 (Contemporary English Version)

17 Save yourself for your wife and don't have sex with other women.

18 Be happy with the wife you married when you were young.

1 Corinthians 6:18-20 (Contemporary English Version)

¹⁸ Don't be immoral in matters of sex. That is a sin against your own body in a way that no other sin is. ¹⁹ You surely know that your body is a temple where the Holy Spirit lives. The Spirit is in you and is a gift from God. You are no longer your own. ²⁰ God paid a great price for you. So use your body to honor God.

Colossians 3:5-6 (Contemporary English Version)

⁵ Don't be controlled by your body. Kill every desire for the wrong kind of sex. Don't be immoral or indecent or have evil thoughts. Don't be greedy, which is the same as worshiping idols. ⁶ God is angry with people who disobey him by doing these things.

1 Thessalonians 4:3-5 (Contemporary English Version)

³ God wants you to be holy, so don't be immoral in matters of sex. ⁴ Respect and honor your wife.

⁵ Don't be a slave of your desires or live like people who don't know God.

#6: Talk about the consequences of not following the Bible and waiting until marriage.

- a. Diseases – only gotten by sex and can cause bumps, rashes and growths around your private area. Some, doctors have no cure for and will be on your body the rest of your life and can cause pain, embarrassment and even death (AIDS). If older teen, you may choose to show disease pics.
- b. Pregnancy – it only takes one time, will effect your whole future, even though God will forgive you, you still have to deal with all the responsibilities ...
- c. Role model to younger siblings or other youth as a Christian.

#7: Talk about the blood covenant of breaking the hymen and use promise or purity rings.

by James Bronner, father of seven and author of "Bedroom Talk - How To Turn Your Marriage Into A Lifelong Love Affair" at www.Hitbooks.com. Please share or post this information for others.